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Oncology Massage Training Class

“Massage For People Living With Cancer”

Taught by Gayle MacDonald

Course Description: The purpose of this course is to train touch therapists in the basics of oncology massage. The experience derived from this training will create new-found confidence in bodyworkers about working with clients, particularly private practice clients, who have cancer or are recovering from it. This course is also valuable to therapists who focus on hospice and hospital work and have special needs patients.

Curriculum information includes:

- Opening the heart to those with serious illness
- Metastasis
- Adjustments that must be made for clients:
 - Who are undergoing chemotherapy or radiation or have history of these treatments.
 - Who have had surgical or medical procedures.
 - Who are at risk for lymphedema.
- How to perform intake on clients who have history of cancer treatment.
- A supervised massage session with a person who has undergone cancer treatment.

Significant time is devoted to hands-on practice with the culminating activity to give a relaxation massage to someone with cancer, or someone with a history of cancer.

Enrollment Requirement: The course is open to licensed, certified, or professional massage therapists; massage students enrolled in a professional training program who have completed Swedish Massage I or the equivalent; bodyworkers certified in other non-invasive, gentle modalities; or other therapists, by permission of the instructor.

Gayle MacDonald, M.S., L.M.T., is the author of *Medicine Hands: Massage Therapy for People with Cancer* (Findhorn Press) and *Massage for the Hospital Patient and Medically Frail Client* (Lippincott Williams and Wilkin.) Her expertise comes from more than 10 years of work with oncology patients at Oregon Health and Science University. She has also supervised massage students and therapists on the oncology unit, in chemo infusion, radiation oncology, and the bone marrow transplant unit. Contact Gayle at: medhands@hotmail.com.

(Items needed for class participation: massage license, massage table, 2 sets of linen, 2 pillows, lubricant (no dip containers), and a blanket or beach towel.)

Class Dates:	January 18 th -20 th 2008
Class Location:	Texas Oncology 1450 Eighth Avenue Ft. Worth, Texas
Class Fee:	\$400.00. \$375.00 if paid by Dec. 1 2007.
Send Registration Information To:	Shine Therapy: Oncology Massage Training, 3413 Westcliff Rd. South Ft. Worth, Texas 76109. ph. 817-313-4670
Closest and least expensive lodging:	Homestead Studios Suites “Extended Stay” 817-338-4808, approx. 10 minutes from class site