

Manual Lymph Drainage (MLD) Certification (Vodder Technique)

Course Description

This 6 day MLD certification course is based on the techniques developed by Dr. Emil Vodder, Ph.D., MT. When skillfully applied, this therapeutic form of soft tissue mobilization dramatically enhances lymph formation and promotes drainage within the superficial and deep systems of the lymph vascular network. During this course, students will be instructed in anatomy and physiology of the lymphatic system. Basic MLD treatment sequences as well as MLD treatment sequences for mild, medically uncomplicated upper and lower extremity lymphedema will be demonstrated and practiced. Each day will be divided into two sections: theoretical and hands-on application.

Dates

See course schedule. The most current schedule is available on our website at www.klosetraining.com.

Course Objectives

Participants will be able to:

- demonstrate an understanding of the anatomy and the relevant scientific terminology related to the lymphatic system.
- demonstrate an understanding of the differentiation between the normal and diseased states of the lymphatic system (physiology and pathophysiology of the lymphatic system).
- demonstrate an understanding of the indications and contraindications related to the use of MLD.
- competently perform the techniques of MLD for all body areas.
- develop appropriate treatment strategies for indications such as post-surgical edema, post-traumatic edema, fibromyalgia, general detoxification and other conditions.
- competently perform MLD on clients after breast surgery for cancer (clients at risk to develop lymphedema).
- competently perform MLD on clients with mild, medically uncomplicated primary or secondary lymphedema.

Please note: *This course will not prepare the participant for the Complete Decongestive Therapy (CDT) treatment of lymphedema. Students who are so motivated must take an additional certification training course and meet other requirements of enrollment (see pages 2- 3 of this catalog).*

Faculty

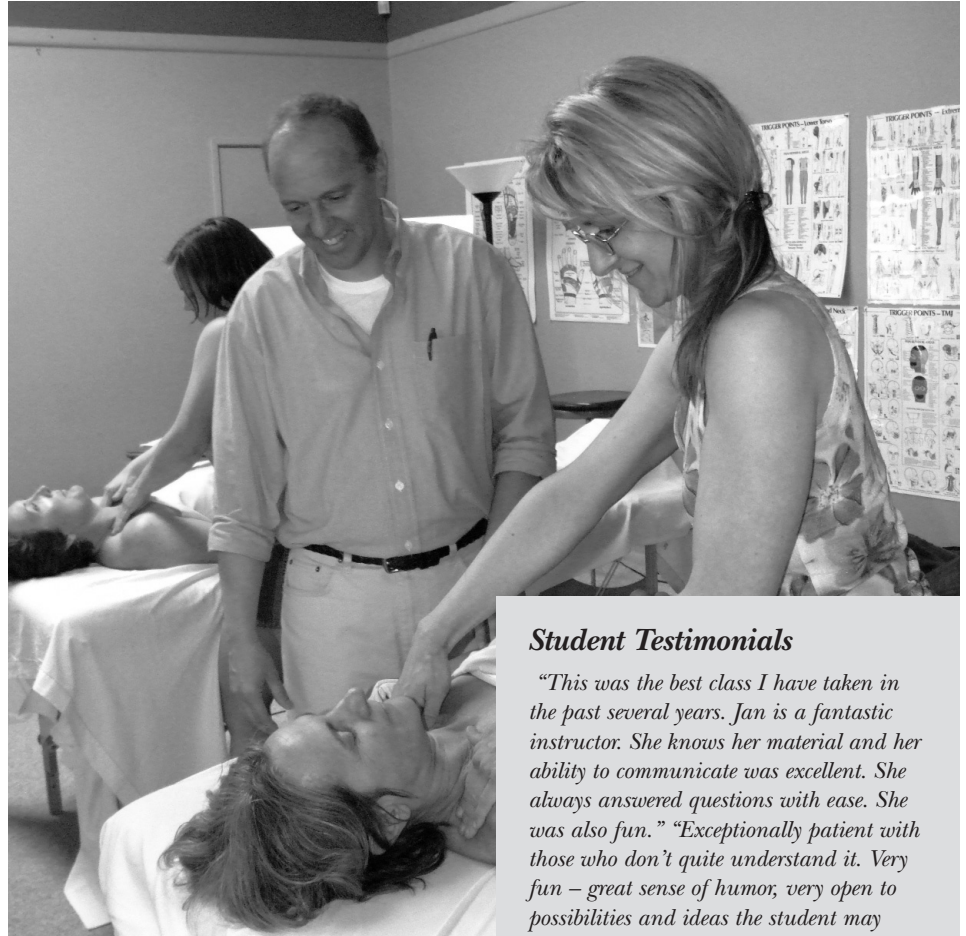
Instructors vary according to location. Refer to page 14 for a listing of Klose Training instructors.

Class Times

A total of 45 hours of instruction are provided in this MLD Course, given over a six day period. Usual class hours are Monday - Friday 8:00am - 5:00pm, Saturday 8:00am - 2:00pm. Exact class times will be provided in your confirmation letter.

Pre-Requisites

This course is offered to all: MT, PT, PTA, OT, COTA, ATC, RN, and MD.



Tuition / Registration

The total tuition for the course is \$950.00 (includes course manual). A deposit of \$300.00 is required at the time of registration and will hold your spot until the total amount is due three (3) weeks prior to the first day of class. \$100.00 is non-refundable; no refunds will be given in case of cancellation less than 3 weeks before class.

Registration for this course is often handled by the course hosting facility. For more information about registering for a particular MLD course, please contact Klose Training & Consulting at 303-245-0333 or email info@klosetraining.com.

Continuing Education Credits (CEU's)

45 Contact hours. CEU's are available for Massage, Physical and Occupational Therapists. Contact hours are approved for LANA recertification.

Contact

KLOSE TRAINING & CONSULTING
LYMPHEDEMA THERAPY CERTIFICATION COURSES

1369 Forest Park Circle • Suite 101
Lafayette, Colorado 80026
(phone) 303-245-0333 • (fax) 303-245-0334
(toll free in the U.S.) 866-621-7888
e-mail: info@klosetraining.com

Student Testimonials

"This was the best class I have taken in the past several years. Jan is a fantastic instructor. She knows her material and her ability to communicate was excellent. She always answered questions with ease. She was also fun." "Exceptionally patient with those who don't quite understand it. Very fun – great sense of humor, very open to possibilities and ideas the student may have. Sincere interest in students' questions and concerns. It's a challenge for instructors to make learning fun; Jan has seemed to master that. Most excellent! Thank you!"

Springfield, MO 2007

"The instructor was wonderful. Rene' explained things very clearly and can change the way she explains something if it is not clear to the whole class." "Rene' was the best instructor I've ever had in a continuing education course. Her skills at patiently and methodically presenting the material – linking it to real world applications – are unparalleled. I'd recommend Klose Training to anyone considering MLD training."

Toledo, OH 2008

"Absolutely fantastic – unlimited patience – wonderful presence – kind hearted. Very grateful for meeting and experiencing Guenter's teaching method." "Very patient. He helped me understand very confusing information. Thank you!" "I particularly liked Guenter's hands-on approach to teaching and correcting the MLD techniques."

Hillsborough, NJ 2008